



GETTING PrEPped

Some people may face problems with their insurance covering the costs of Truvada for PrEP. This infographic provides details that may be useful to you. For help with troubleshooting, join **PrEP Facts on Facebook:** facebook.com/groups/PrEPFacts/.

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LEARN MORE ABOUT PrEP

- projectinform.org/prep
- prepfacts.org
- myprepexperience.org
- hiveonline.org
- thewellproject.org/hiv-information/prep-women
- whatisprep.org
- pleaseprepme.org (CA)



CHECK YOUR INSURANCE PLAN

Your costs

It's wise to check your insurance plan ahead of time to see what you may have to pay out of pocket while on PrEP.

- Find what your deductible is.
- Find what drug tier that Truvada is on.
- Figure out your total costs for medical visits, routine blood work, and the prescription.
- Ask for help from doctor's office, pharmacist, local case manager, or insurance plan rep.
- Avoid Bronze plans if you can (they generally have higher costs). Silver, Gold and Platinum plans offer better coverage if you can afford them.



FIND A MEDICAL PROVIDER WHO SUPPORTS YOUR DECISION TO PrEP

Schedule an appointment

Approach your medical provider about Truvada for PrEP prescription.

- If s/he will prescribe, GREAT NEWS!
- If s/he doesn't know about PrEP but is willing to prescribe:
 - 1) S/he can consult the US PHS's prescribing guidelines: *Pre-Exposure Prophylaxis for the Prevention of HIV Infection* (www.cdc.gov/hiv/prevention/research/prep/), and/or
 - 2) Take a copy of the guidelines with you, and/or
 - 3) S/he can consult the CCC's PrEPline at 855-448-7737 during business hours (<http://tinyurl.com/CCCprepline>), and/or
 - 4) S/he can consult NASTAD's *Billing Coding Guide for HIV Prevention* (<http://tinyurl.com/NASTADguide>).
- If s/he isn't willing to prescribe:
 - 1) Read/utilize these resource materials:
 - "Talk to Your Doctor": <http://tinyurl.com/CDCPrEPbrochure>
 - Project Inform's "Working through a Difficult Doctor Visit": <http://tinyurl.com/PrEPdocvisit>
 - 2) Ask for a referral, or find another provider on your own:
 - your insurance plan's provider directory
 - public/STD clinics; local, county and state health depts
 - search: hivma.org, aahivm.org, glma.org, accessstoprep.org
 - **CA:** pleaseprepme.org. **IL:** tinyurl.com/ILPrEPdocs. **NY:** tinyurl.com/NYPrEPdocs. **OH:** <http://ohioprep.org/get-prep/>. **OR:** tinyurl.com/ORPrEPdocs. **WA:** tinyurl.com/WAPrEPdocs.



MEDICAL VISITS, BLOOD WORK

If you encounter uncovered costs related to your medical visits and/or blood work, these options may help:

Public health clinics

- Some public health clinics offer sliding fee scale for medical visits and blood work.

FSAs

- FSAs (Flexible Spending Accounts) are accounts set up with pre-tax dollars to help pay for out-of-pocket health care costs.
- FSAs have an annual limit of \$2,550, available through employers if offered.
- Enrollment is usually annual, so plan ahead.



GET YOUR PRESCRIPTION

Prior authorizations

Some insurance plans require a prior authorization (PA) for Truvada for PrEP.

- This is a normal process.
- May need extra paperwork.
- Your provider can use the codes found on p29 at www.cdc.gov/hiv/pdf/PrEPProviderSupplement2014.pdf.
- Re-submit paperwork until the PA is approved.

Denials

- Make sure your provider has coded paperwork correctly to insurance carrier. (Same URL as above.)
- Work with your provider's office to submit challenge(s). It may take more than one time.

Nurx.co/prep

- This online source may be able to provide a prescription without a doctor's visit.



PICK UP PRESCRIPTION

Pharmacy refills

Plans vary in what they offer. Your plan may:

- Vary in how you get meds (at pharmacy, mail order).
- Provide only 30-day refills
- Offer 90-day refills
- Make you initiate the monthly refill
- Have an auto-send function for refills
- Offer refills earlier than waiting 30 days

ALSO:

- In-network pharmacies will reduce your cost.
- Apply for Gilead's Co-Pay Card **before** going to pharmacy (URL next column).
- If pharmacy doesn't accept Co-Pay Card, keep pharmacy and sales receipts. Call the number on back of co-pay card. Submit paperwork for payment.



PAY FOR THE MEDICATION AND OTHER COSTS

Manufacturer assistance

www.gileadadvancingaccess.com, 800-226-2056

Co-Pay Assistance

- covers up to \$3,600 per calendar year, out-of-pocket costs
- for insured individuals, re-apply as needed
- not used w/ Medicaid, Medicare, VA or other federal/state programs

Medication Assistance

- uninsured and basic insurance without pharmacy benefits
- income below 500% FPL (federal poverty level)
- re-apply as needed

Patient Advocate Foundation

- Insured individuals only; income below 400% FPL (<\$47,080)
- \$7,500 max per year for co-pay/deductible costs, may reapply
- <https://www.copays.org/diseases/hiv-aids-and-prevention>

Patient Access Network Foundation

PAN Foundation will help after all other sources are used.

- Insured individuals only; income below 500% FPL (<\$58,850)
- \$7,500 max per year, may reapply (*check if funds are available*)
- Covers co-pays, deductibles and co-insurance
- panfoundation.org/hiv-treatment-and-prevention, 866-316-7263

Other assistance for residents of:

- NEW YORK: <http://tinyurl.com/NYprepAP> (only cost of services)
- WASHINGTON: <http://tinyurl.com/WAPrepDAP> (only cost of drug)

ARE YOU INSURED TO COVER YOUR COSTS FOR PrEP?

YES

(employer, private, insurance marketplace, COBRA, Medicare, Medicaid)

1

Gilead Advancing Access Co-pay Card

gileadcopay.com
877-505-6986

- \$3,600 max/calendar year
- No income restrictions
- Covers co-pays, deductibles and co-insurance
- Reapply if needed
- Proof of US residence (utility bill, etc.)
- Not used with state/federal plans, such as Medicare (apply to PAF or PAN Foundation).

If the pharmacy doesn't accept Gilead's Co-pay Card, keep sales and pharmacy receipts. Call the number on the back of co-pay card. Submit paperwork for reimbursement for every refill.

2

Patient Advocate Foundation (PAF)

https://www.copays.org/diseases/hiv-aids-and-prevention

- \$7,500 max/year, re-apply
- Income <400% FPL (\$47,080)
- Based on taxable income (1040 line 7, 1040 EZ line 1)
- Must be insured (as listed under "YES" above)
- Covers co-pays only
- Proof of US residence (utility bill, etc.)
- Case managers available to help resolve medical cost issues (800-532-5274)

3

Patient Access Network Foundation

panfoundation.org/hiv-treatment-and-prevention
866-316-7263

- \$7,500 max/year, re-apply (check to see if funds are currently available)
- Income <500% FPL (\$58,850)
- Based on taxable income (1040 line 7, 1040 EZ line 1)
- Must be insured (as listed under "YES" above)
- Covers co-pays, deductibles and co-insurance
- Proof of US residence (utility bill, etc.)
- Pharmacies can bill PAN Foundation directly

FSA (flexible spending account)

If employer offers an FSA, it can help cover up to \$2,550 of out-of-pocket costs.

On Medicaid?

Medicaid should cover medical costs related to PrEP. If you encounter barriers to coverage, consult a legal advocate.

NO

U.S. RESIDENT?

NON-RESIDENT/
UNDOCUMENTED?

What's the date?



NOV 1 – JAN 31

FEB 1 – OCT 31

Enroll in an insurance marketplace

obamacarefacts.com/state-health-insurance-exchange/

Avoid Bronze plans if you can: they generally have higher costs. Silver plans will offer lower costs for people earning up to 250% FPL (\$29,425). Gold & Platinum plans offer better coverage if you can afford them. Carefully select the right plan for you.

Special enrollment

You can get insurance during the rest of the year for "qualifying life events" such as: pregnancy, loss or change of job, change in household size, change in income, recent move, change in citizenship.

below 138% FPL / yr
(< \$16,242)

above 138% FPL / yr
(> \$16,242)

Check if you're eligible for your state Medicaid plan.

To get care, find a public clinic (FQHC) that serves undocumented patients. (findahealthcenter.hrsa.gov)

Check if you can get an insurance plan through marketplace/employer.

IF NO

What's your income?

below

Enroll in the Gilead MAP.

www.truvada.com/truvada-patient-assistance

58,850

500% FPL
(2015 FPL: \$11,770 taxable income, 1040 tax form line 7, 1040 EZ line 1)

~ only drug costs ~

above

Retail cost of Truvada

If you're a resident, these state plans may also help:

Washington State PrEP DAP: <http://tinyurl.com/WAprepDAP> (cost of drug)
New York PrEP-AP: <http://tinyurl.com/NYprepAP> (cost of services)